

Snack Information

Snack Dates

Welcome back to school! Attached is the first snack calendar for the school year. The schedule will be rotated with each child, paying special attention to birthdays. We attempt to weight the number of days your child is enrolled with the frequency he/she brings snack (if your child attends 5 days per week you will be assigned more snack days than the child attending 2-3 days.)

Snack and Supplies

Please provide nutritious snack options for the children. Here are a few suggestions:

NO PEANUTS/TREE NUTS, PEANUT BUTTER, OR NUT PRODUCTS DUE TO ALLERGIES! Please check ingredients on all products to be sure there are no peanut or tree nut ingredients listed.

Fruit/veggies (carrot sticks, apple slices, bananas, grapes, other fruits/veggies)

Breads/muffins/mini bagels (whole wheat preferred)

Breadsticks

Crackers

Cheese

Applesauce

Graham crackers

Yogurt

Cereal mixes

Raisins or other dried fruit

Pretzels or Popcorn

Goldfish

Ant on a log (celery with cream cheese topped with raisins)

ETC.

To celebrate your child's Birthday/Half Birthday (for those who have summer birthdays we will note their "Half Birthday" on the snack schedule to celebrate,) please do not bring a sugary treat. Please bring a healthy treat for their birthday instead. For example instead of cupcakes, bring blueberry muffins.

In addition to the snack you choose, please provide water (1 gallon), white milk, (1 gallon), or 100% fruit juice (2 cans/gallons), cups (6 oz or larger), and utensils if needed.

Currently please provide snack for about 26 on Monday/Wednesday/Fridays (combining both the toddler and 3-4 year old class), and 17 on Tuesday/Thursdays. This may change as the year progresses and will be noted on the monthly calendar accordingly.

Calendar of Events

Significant dates for field trips, teacher conferences, off days, fundraising events and more will often be noted on the calendar to keep everyone informed.

Electronic Calendar

After this initial month we will be sending the calendar electronically to your email addresses to save paper. If this is a problem for anyone let me know and I will be sure to make a few printed copies for those who need them each month. We will also always have one copy printed and posted at the preschool for all to see.

Questions or comments please contact:

Kate Koehler at katherine626@gmail.com or 303-7778